

May 2023 Newsletter



NEXT TRAINING EVENTS

Monthly: May 11, 7PM, Station 9
Radio Net: May 18, 7:30PM
Special: CPR-BLS, May 20, 9AM

May Training: Table-Top Exercise: ICS System at la Cary Spring Daze

5/11 7-8:30PM Cary Fire Station 9

Cary CERT president Julie Carlino will run a tabletop exercise on the ICS and CERT forms used during the Cary Spring Daze festival and similar deployments. Come join this collaborative and interactive exercise to learn the quick and easy way to use the Incident Activity Plan (IAP), activity logs, medical forms, and communications logs that are how Cary CERT manages events. They're easy, they're fun: don't leave home without 'em!



Special: CPR-BLS Course Just for Cary CERT

5/20 9AM-3PM Wake Tech Public Safety, 321 Chapanoke Road, Raleigh, NC (Room 1412)



CPR is one of the critical skills that CARY FD expects of Cary CERT members. Join us for this class, **FREE to CERT members**, and learn not just hands-only CPR, but the more effective skills of CPR with artificial respiration, 2-rescuer CPR, infant and child CPR, and AED (automatic external defibrillator). Come learn or update your skills. For those interested in becoming a CPR Instructor this class is the prerequisite, and the instructor class will be scheduled in a few months. **RSVP to carycert@gmail.com today!!! Seats are limited!**

Cary CERT Emergency Radio Net

5/18 7:30PM On The Air!!!

Attend from the comfort of your deck, your living room, or your ham shack, and you can join via amateur radio, or listen in via a radio scanner (444.775Mhz, 441.725Mhz, 444.325Mhz or 444.925Mhz) or the Broadcastify mobile app on your phone or your PC's web browser. Drop in and learn about how we communicate and coordinate team activities, even when normal communications methods fail. Cary CERT thanks the Carolina 440 UHF Link System for the use of their repeaters during training, special events, and emergencies.



Fundraising Committee

The Fundraising committee wants to identify resources within our Cary CERT membership that may help our fundraising efforts. Cary CERT Association is a non-profit organization that relies on donations, grants, and fundraising activities for our monthly operating and other expenses. Such expenses include rental costs for our storage unit and post office box, taxes, gas for our generator, and materials used in our membership training and community events.

We are looking for skills or things you want to donate for an auction at our end-of-year party. Examples include a woodworking class, music lesson, 4 hours of clean-up in a yard, a weekend at your cabin in the woods/lake/beach, a painting (or other craft) you want to auction or teach, etc. Your response does not commit you to any actions on your part.

We are also looking for people with experience and an interest in grant-writing. A lot of what we want to do can be funded through any number of the many available grant programs, and we would love for a member to help out.

Are you interested in either of these? If you have additional suggestions or other fundraising ideas please drop a note to fundraising chair Cathy Hooper-Newlin, (choopernewlin@gmail.com, 910-520-9917) and let us know!

RECENT HAPPENINGS

April Training

Sonia Estroff presented a very lively session on April 13th on how to best represent Cary and our team when talking to the public. 21 members attended, filling the conference room at Fire Station 7. Visibility is of huge importance to Cary CERT, which is why we are present at many community events. Sonia discussed how to answer common questions clearly and concisely to help the community better understand who we are, what we do (and don't do), and how they can become involved in CERT. Everyone who attended is more prepared to be the face and voice of Cary CERT at events like Spring Daze, Lazy Daze, and other. You never get a second chance to make a first impression and Sonia equipped us all to make a great first impression on behalf of Cary CERT.



WebEOC Introductory Training



We had 10 volunteers come out on April 22 and learn more about the software used to organize emergency centers around the world. Samantha Royster (and her partner in crime, Jay) provided us with the NC Terms Introduction to WebEOC. She also introduced us to several other tools available to all of us, including FIMAN, available at [NC Flood Inundation Mapping and Alert Network](#) and [DriveNC.gov | North Carolina Traffic & Travel Information](#).

To get the next level of training, register at NC Terms and sign up for "Introduction to NC SPARTA". The next 2-hour on-line class is scheduled for **June 21, 2023, at 1 p.m.** You will need to email Samantha at training@ncdp.gov to get a WebEOC account ahead of the class

Spring Daze

Spring Daze 2023 was another huge success this year with over 15,000 people attending. We had 20 volunteers patrol the Art Festival grounds at Bond Park and provide information at our Cary CERT Tent. This year Cary CERT responded to 5 incidents during the event to help attendees who required help. A special thank you to Randy and Ken Stark for putting so much time and detail into the IAP. The Cary CERT President would like to send a shout-out to the following for their help with Spring Daze: Sandra Baker, Chris Benson, Kris Benson, Tony Biondo, Sonia Estroff, Carol Goodall-Lutz, Clifford Goodman, Cathy Hooper-Newlin, Jackie King, Bob Kulow, Robin Lane, Moon Leung, Stan Levine, George Medeiros, Sue Olmsted, Ken Stark, Randy Stark, Sandi Tian, Dawn Truskowski



TRAINING REVIEWS

IS-288: The Role of Voluntary Organizations in Emergency Management

This quick and easy 1-hour long on-line independent study course provides a basic understanding of the history, roles and services of disaster relief voluntary agencies in providing disaster assistance. Voluntary agencies have helped meet the needs of individuals and communities affected by disasters since the 1800's. Today, they serve a critical role in the emergency management field from helping communities prepare for and mitigate the effects of disasters to providing immediate response and long-term recovery services.

As CERT nationally moves towards position credentialing through the National Qualification System (NQS) to facilitate team mutual aid across the state and nation, this class fulfills one of the requirements for the "CERT Volunteer – Type 1" personal credential. Visit <https://training.fema.gov> to sign up!

SAVE THE DATES!!!

Project Phoenix

June 3, 9AM-3PM, Wrenn Drive

Cary CERT Board Meeting

June 7, 6:30PM, Cary Fire Administration Building, 100 North Academy Street

The first Wednesday of each month, all are welcome. Minutes are emailed to all members with the first reminder of the meeting and the agenda is emailed to all members with the second reminder of the meeting.

Cary CERT Amateur Radio Field Day

June 24, 2-4PM, Cary Fire Station 5

Cary CERT will join the world-wide emergency communications field day festivities this year! You don't have to have your ham license to join us in making contacts with other stations far and wide. Stay tuned for details on this fun event.



Cary Lazy Daze Arts and Crafts Festival

August 26 & 27, 9AM-5PM, Cary Town Hall Campus

Cary CERT Basic Class

September 8, 9, and 10

Cary CERT will be looking for volunteers to help with the class, particularly in the units that involve hands-on practical training. Helpful, but not required, is completion of a CERT Train-the-Trainer class.

Upcoming offerings of CERT Train-the-Trainer include **May 15 & 16** at Pitt Community College (log onto <https://terms.ncem.gov> to register, food and lodging allowance is paid if more than 50 miles from home... it is.); and **September 11-13** at the Emergency Management Institute in Emmitsburg, MD (travel and lodging is fully paid for).

Cary Safety Day

September 16, 9AM-3PM, Academy Street

CERTEX 2023 State-wide CERT Exercise

September 30, 9AM-3PM

Cary CERT Full-Scale Exercise

November 4, 9AM-2PM Save the Date NOW!!!

Cay CERT will deploy for a simulated emergency that will exercise the team in the three critical skill areas that Cary FD expects of us, PLUS a variety of other basic and extended CERT skill training areas. It will be a fun day!